



PSHE Curriculum Statement

Why is PSHE important?

Personal, Social, Health and Economic (PSHE) is crucial in providing pupils with the knowledge, skills and attributes they need to manage their present and future lives. It them to develop skills to keep themselves healthy and safe, as well and preparing for them life and work in modern Britain. PSHE supports pupils to flourish as individuals, family members and members of society. It supports individual well-being and the ability to tackle issues that can have a major impact on their aptitude to learn, such as making the right decisions, dealing with unhealthy relationships and tackling with anxiety. Furthermore, PSHE helps individuals to achieve their academic potential and be equipped with life-long skills such as resilience, teamwork and communication. These are vital in navigating challenges and opportunities in the wider world that are needed to support them to adapt and grow as successful, contributing citizens that will be valued by future employers.

What is PSHE like at St. George's Central CE Primary School and Nursery?

At St. George's Central, we aim to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives. We encourage our pupils to make a positive contribution to the life of the school and wider community through a variety of activities. In doing so, we help to develop their sense of self-worth and ability to work with others. One example is cross-phase activities and our buddy system. We provide a variety of opportunities to develop awareness of democracy within school to teach how wider society is organised and governed. These include experiences School Council, Ethos Council, Eco Council, Rota Kids and School Teams. These organisations play an active role by leading worship, feeding back updates and being involved in making decisions across the whole school. In PSHE lessons, pupils reflect on experiences and tackle many of the moral and social issues we see in school life. The pupils learn to understand and respect diversity and differences, enabling them to form effective relationships with others. Our class worship and whole school worships also give opportunity to promote PSHE and celebrate its importance.

In Nursery and Reception we follow the Early Years Foundation Stage (EYFS) curriculum where 'Personal, Social and Emotional Development' (PSED) is one of the prime areas of learning and it is embedded within daily interactions. Discrete focused PSHE sessions are also taught. From Year 1 upwards, we teach discrete and cross-curricular lessons in line with the PSHE Association guidelines.

Opportunities to celebrate PSHE at St. George's Central CE Primary School and Nursery

Intergenerational visits to Hillcrest Residential Home, whole school events such as Anti-Bullying week, Children in Need, Comic Relief, World Celebrations, all money raising events, Well-Being/Mindfulness day and sessions, visitors in school e.g. Toni Marie Yoga, HH Kids, School Nurse, EYFS Prime Parent Partnership Workshop, E-Safety week, quality texts in the classes and library that are regularly shared

'Never settle for less than your best'

Jesus said, 'I am the light of the world. Whoever follows Me will not walk in darkness, but will have the light of life.' John 8:12